



## **Healing instructions**

- How to care for your new tattoo :

### **Today:**

Keep your bandage on until the next morning.

### **During the first 2 days:**

- 1) In the morning, remove the bandage and WASH your tattoo gently with antiseptic soap. (Soaps: SORRY MOM soap, lubex, septivon). Wash it several times, make sure to rinse it well;
- 2) Wrap your tattoo with a plastic film (cellophane), and fix it with skin tape (Micropore 3M);
- 3) At the end of the day, wash your tattoo again as you did in the morning and make a new bandage.

During this period, do not put any cream on your tattoo at all. The plastic film allows your skin to stay protected and heal naturally.

On the evening of the second day, do not put a bandage back on after the shower.

Leave your tattoo in the open air, without using any cream. Let your skin dry.

### **The following days :**

- 1) Don't wash your tattoo anymore, and avoid baths. You can take quick showers, but don't wash your tattoo anymore.
- 2) Don't put any bandage on your tattoo until the healing process is complete.
- 3) A few days later, apply cream at the end of the molting process, or if the skin is very dry (Creams: SORRY MOM tattoo balm or BÉpanthène bleu)
- 4) Your tattoo will heal when the skin is dry, so don't use too much cream. Only use it if you feel the skin is itching, and always wait for the skin to feel dry before moisturising.

On average, you can wait about 5-6 days before applying cream to your tattoo.

During the healing process, the tissues regenerate by forming thin crusts that peel and fall off gradually. Don't pick or tear off these scabs, even if they itch.

Do not expose your tattoo to the sun for 30 days after it is done. Avoid prolonged bathing (pool, lake, sea, bath) for two weeks

**COME BACK IN 3 WEEKS** to show us your tattoo. We're looking forward to see you, and your beautiful tattoo once it has healed! If required then, we can schedule you for FREE touch-ups (if necessary).

If you have any questions, call us at: **022.73.16.66 6**

Or for emergencies, send us an email at

[sylvaintattoo@me.com](mailto:sylvaintattoo@me.com)

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